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MOOR ROW PRIMARY SCHOOL And the second se WEEK 1

Freshly made every day!

DAY	CHOICE 1	CHOICE 2	CHOICE 3	PUDDING	
Monday	Pepperoni Pizza served with Seasoned Wedges and Beans	Soft Roll filled with Cheese, Ham or Tuna served with Mixed Salad	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Fruit Smoothie or Fresh Fruit or Yoghurt	
Tuesday	Meatballs in Gravy served with Wholewheat Pasta and Garden Peas	Soft Roll filled with Cheese, Ham or Tuna served with Mixed Salad	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Iced Sponge Cake or Fresh Fruit or Yoghurt	
Wednesday	Roast Chicken served with Yorkshire Pudding, Creamed Potatoes, Carrots, Broccoli and Gravy	Soft Roll filled with Cheese, Ham or Tuna served with Mixed Salad	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Chocolate Crunch or Fresh Fruit or Yoghurt	
Thursday	Spaghetti Bolognaise served with Garlic Bread Slices and Sweetcorn	Soft Roll filled with Cheese, Ham or Tuna served with Mixed Salad	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Sticky Toffee Pudding or Fresh Fruit or Yoghurt	
Friday	Cod & Salmon Fishcake served with Chips, Garden Peas and Tomato Ketchup	Soft Roll filled with Cheese, Ham or Tuna served with Mixed Salad	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Raspberry Jelly with Peaches & Cream or Fresh Fruit or Yoghurt	
12/18/11		Available Daily: Fresh Fruit	and Bread!		
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MOOR ROW PRIMARY SCHOOL WEEK 2

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DAY	CHOICE 1	CHOICE 2	CHOICE 3	PUDDING
	Beef Burger in a Bun	Soft Roll	Oven Baked Jacket Potato	Jam Doughnut
	served with Pasta Twists and	filled with Cheese, Ham or Tuna	filled with Cheese, Beans or	or
Monday	Vegetable Batons	served with Mixed Salad	Tuna served with Mixed Salad	Fresh Fruit or Yoghurt
Tuesday	Cheese & Tomato Pizza	Soft Roll	Oven Baked Jacket Potato	Lemon Iced Sponge
	served with Herby Diced Potatoes	filled with Cheese, Ham or Tuna	filled with Cheese, Beans or	or
	and Beans	served with Mixed Salad	Tuna served with Mixed Salad	Fresh Fruit or Yoghurt
Wednesday	Sliced Cooked Turkey	Soft Roll	Oven Baked Jacket Potato	Vanilla & Raspberry Ice Cream
	served with Yorkshire Pudding,	filled with Cheese, Ham or Tuna	filled with Cheese, Beans or	Roll with Peaches
	Roast Potatoes, Garden Pea &	served with Mixed Salad	Tuna served with Mixed Salad	or
	Carrot Medley and Gravy			Fresh Fruit or Yoghurt
	Chicken Tikka Masala	Soft Roll	Oven Baked Jacket Potato	Golden Crispie
	served with Rice, Naan Bread and	filled with Cheese, Ham or Tuna	filled with Cheese, Beans or	or
Thursday	Mixed Vegetables	served with Mixed Salad	Tuna served with Mixed Salad	Fresh Fruit or Yoghurt
	Fish Fingers	Soft Roll	Oven Baked Jacket Potato	Chocolate Brownie &
	served with Chips, Garden Pea &	filled with Cheese, Ham or Tuna	filled with Cheese, Beans or	1/2 an Orange
Friday	Carrot Medley and Tomato	served with Mixed Salad	Tuna served with Mixed Salad	or
Filest	Ketchup			Fresh Fruit or Yoghurt

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MOOR ROW PRIMARY SCHOOL WEEK 3

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DAY	CHOICE 1 🍡	CHOICE 2	CHOICE 3	PUDDING
Monday	Ham & Cheese Pizza	Soft Roll	Oven Baked Jacket Potato	Blueberry Muffin
	served with Pasta Twists and	filled with Cheese, Ham or Tuna	filled with Cheese, Beans or	or
	Vegetable Batons	served with Mixed Salad	Tuna served with Mixed Salad	Fresh Fruit or Yoghurt
Tuesday	Chicken Korma	Soft Roll	Oven Baked Jacket Potato	Chocolate Chip Cookie
	served with Rice, Naan Bread and	filled with Cheese, Ham or Tuna	filled with Cheese, Beans or	or
	Sweetcorn	served with Mixed Salad	Tuna served with Mixed Salad	Fresh Fruit or Yoghurt
Wednesday	Sliced Cooked Beef served with Yorkshire Pudding, Roast Potatoes, Garden Pea & Carrot Medley and Gravy	Soft Roll filled with Cheese, Ham or Tuna served with Mixed Salad	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Chocolate Ice Cream Roll with Pineapple or Fresh Fruit or Yoghurt
Thursday	Pork Sausages	Soft Roll	Oven Baked Jacket Potato	Shortbread
	served with Creamed Potato,	filled with Cheese, Ham or Tuna	filled with Cheese, Beans or	or
	Garden Peas and Gravy	served with Mixed Salad	Tuna served with Mixed Salad	Fresh Fruit or Yoghurt
Friday	Breaded White Fish Fillet	Soft Roll	Oven Baked Jacket Potato	Flapjack
	served with Chips, Garden Peas and	filled with Cheese, Ham or Tuna	filled with Cheese, Beans or	or
	Tomato Ketchup	served with Mixed Salad	Tuna served with Mixed Salad	Fresh Fruit or Yoghurt

Available Daily: Fresh Fruit and Bread!

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