



# MOOR ROW PRIMARY SCHOOL

## WEEK 1

Freshly  
made  
every day!

DAY	CHOICE 1	CHOICE 2	CHOICE 3	PUDDING
<b>Monday</b>	<b>Pepperoni Pizza</b> served with Seasoned Wedges and Beans	<b>Soft Roll</b> filled with Cheese, Ham or Tuna served with Mixed Salad	<b>Oven Baked Jacket Potato</b> filled with Cheese, Beans or Tuna served with Mixed Salad	<b>Fruit Smoothie</b> or Fresh Fruit or Yoghurt
<b>Tuesday</b>	<b>Meatballs in Gravy</b> served with Wholewheat Pasta and Garden Peas	<b>Soft Roll</b> filled with Cheese, Ham or Tuna served with Mixed Salad	<b>Oven Baked Jacket Potato</b> filled with Cheese, Beans or Tuna served with Mixed Salad	<b>Iced Sponge Cake</b> or Fresh Fruit or Yoghurt
<b>Wednesday</b>	<b>Roast Chicken</b> served with Yorkshire Pudding, Creamed Potatoes, Carrots, Broccoli and Gravy	<b>Soft Roll</b> filled with Cheese, Ham or Tuna served with Mixed Salad	<b>Oven Baked Jacket Potato</b> filled with Cheese, Beans or Tuna served with Mixed Salad	<b>Chocolate Crunch</b> or Fresh Fruit or Yoghurt
<b>Thursday</b>	<b>Spaghetti Bolognese</b> served with Garlic Bread Slices and Sweetcorn	<b>Soft Roll</b> filled with Cheese, Ham or Tuna served with Mixed Salad	<b>Oven Baked Jacket Potato</b> filled with Cheese, Beans or Tuna served with Mixed Salad	<b>Sticky Toffee Pudding</b> or Fresh Fruit or Yoghurt
<b>Friday</b>	<b>Cod &amp; Salmon Fishcake</b> served with Chips, Garden Peas and Tomato Ketchup	<b>Soft Roll</b> filled with Cheese, Ham or Tuna served with Mixed Salad	<b>Oven Baked Jacket Potato</b> filled with Cheese, Beans or Tuna served with Mixed Salad	<b>Raspberry Jelly with Peaches &amp; Cream</b> or Fresh Fruit or Yoghurt

**Available Daily: Fresh Fruit and Bread!**


If you have any questions about food allergens please speak to the kitchen team who will be happy to help.



# MOOR ROW PRIMARY SCHOOL

## WEEK 2

Freshly  
made  
every day!

DAY	CHOICE 1	 CHOICE 2	CHOICE 3	PUDDING
<b>Monday</b>	<b>Beef Burger in a Bun</b> served with Pasta Twists and Vegetable Batons	<b>Soft Roll</b> filled with Cheese, Ham or Tuna served with Mixed Salad	<b>Oven Baked Jacket Potato</b> filled with Cheese, Beans or Tuna served with Mixed Salad	<b>Jam Doughnut</b> or Fresh Fruit or Yoghurt
<b>Tuesday</b>	<b>Cheese &amp; Tomato Pizza</b> served with Herby Diced Potatoes and Beans	<b>Soft Roll</b> filled with Cheese, Ham or Tuna served with Mixed Salad	<b>Oven Baked Jacket Potato</b> filled with Cheese, Beans or Tuna served with Mixed Salad	<b>Lemon Iced Sponge</b> or Fresh Fruit or Yoghurt
<b>Wednesday</b>	<b>Sliced Cooked Turkey</b> served with Yorkshire Pudding, Roast Potatoes, Garden Pea & Carrot Medley and Gravy	<b>Soft Roll</b> filled with Cheese, Ham or Tuna served with Mixed Salad	<b>Oven Baked Jacket Potato</b> filled with Cheese, Beans or Tuna served with Mixed Salad	<b>Vanilla &amp; Raspberry Ice Cream Roll with Peaches</b> or Fresh Fruit or Yoghurt
<b>Thursday</b>	<b>Chicken Tikka Masala</b> served with Rice, Naan Bread and Mixed Vegetables	<b>Soft Roll</b> filled with Cheese, Ham or Tuna served with Mixed Salad	<b>Oven Baked Jacket Potato</b> filled with Cheese, Beans or Tuna served with Mixed Salad	<b>Golden Crispie</b> or Fresh Fruit or Yoghurt
<b>Friday</b>	<b>Fish Fingers</b> served with Chips, Garden Pea & Carrot Medley and Tomato Ketchup	<b>Soft Roll</b> filled with Cheese, Ham or Tuna served with Mixed Salad	<b>Oven Baked Jacket Potato</b> filled with Cheese, Beans or Tuna served with Mixed Salad	<b>Chocolate Brownie &amp; 1/2 an Orange</b> or Fresh Fruit or Yoghurt

**Available Daily: Fresh Fruit and Bread!**

orian

If you have any questions about food allergens please speak to the kitchen team who will be happy to help.



# MOOR ROW PRIMARY SCHOOL

## WEEK 3

Freshly  
made  
every day!



DAY

CHOICE 1

CHOICE 2

CHOICE 3

PUDDING

**Monday**

**Ham & Cheese Pizza**  
served with Pasta Twists and  
Vegetable Batons

**Soft Roll**  
filled with Cheese, Ham or Tuna  
served with Mixed Salad

**Oven Baked Jacket Potato**  
filled with Cheese, Beans or  
Tuna served with Mixed Salad

**Blueberry Muffin**  
or  
Fresh Fruit or Yoghurt

**Tuesday**

**Chicken Korma**  
served with Rice, Naan Bread and  
Sweetcorn

**Soft Roll**  
filled with Cheese, Ham or Tuna  
served with Mixed Salad

**Oven Baked Jacket Potato**  
filled with Cheese, Beans or  
Tuna served with Mixed Salad

**Chocolate Chip Cookie**  
or  
Fresh Fruit or Yoghurt

**Wednesday**

**Sliced Cooked Beef**  
served with Yorkshire Pudding,  
Roast Potatoes, Garden Pea &  
Carrot Medley and Gravy

**Soft Roll**  
filled with Cheese, Ham or Tuna  
served with Mixed Salad

**Oven Baked Jacket Potato**  
filled with Cheese, Beans or  
Tuna served with Mixed Salad

**Chocolate Ice Cream Roll with  
Pineapple**  
or  
Fresh Fruit or Yoghurt

**Thursday**

**Pork Sausages**  
served with Creamed Potato,  
Garden Peas and Gravy

**Soft Roll**  
filled with Cheese, Ham or Tuna  
served with Mixed Salad

**Oven Baked Jacket Potato**  
filled with Cheese, Beans or  
Tuna served with Mixed Salad

**Shortbread**  
or  
Fresh Fruit or Yoghurt

**Friday**

**Breaded White Fish Fillet**  
served with Chips, Garden Peas and  
Tomato Ketchup

**Soft Roll**  
filled with Cheese, Ham or Tuna  
served with Mixed Salad

**Oven Baked Jacket Potato**  
filled with Cheese, Beans or  
Tuna served with Mixed Salad

**Flapjack**  
or  
Fresh Fruit or Yoghurt

**Available Daily: Fresh Fruit and Bread!**

If you have any questions about food allergens please speak to the kitchen team who will be happy to help.