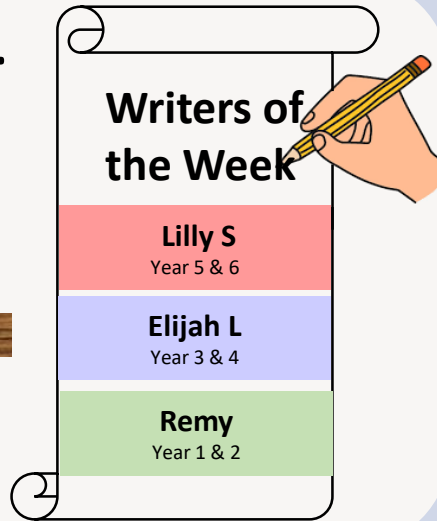
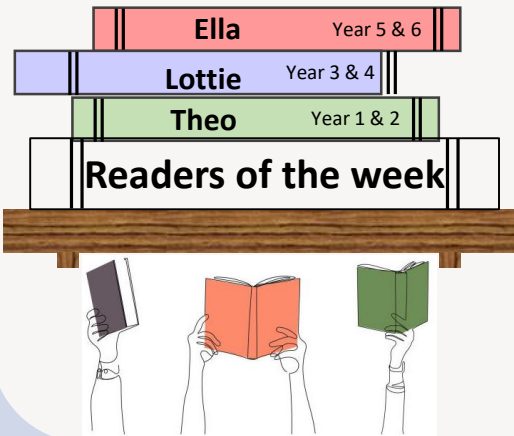




Welcome to our Newsletter

This week's winners ...



Your attendance

overall attendance
96.01 %
6.9.23 – 12.1.24



Head teacher's message

Happy New Year and welcome back to school from all the staff at Moor Row Primary School. It has been a busy couple of weeks and all the children have returned from the Christmas break ready to focus on their learning.

Four children have trained in the past week as **PhunkyFood Ambassadors** – please see the next page of the newsletter for further information. We are also having a virtual tour of the school designed and created which involves some video links to children's learning as well as Miley and Mia in Year 4 talking about their love for the school. We are all very excited to see the finished product.

Next Tuesday **16th January** is the **KS2 Parent reading workshop**. We look forward to seeing a number of you at this event. It will enable parents to help their junior children with reading at home.

Earrings: Please ensure small studs are worn for school and no hoop earrings. This is for health and safety reasons. Children wearing hoops will be asked to remove them. Thank you for your co-operation.

Kind Regards
Jacqui Beavis

Head teacher awards

*This week
I'm proud to
award.....*



Scarlett
In Year 5 & 6
For Focus & good learning attitude

Skyla
In Year 3 & 4
For being helpful

Rose
In Year 1 & 2
Always working hard

Grace
EYFS
For being kind





School messages, notices & reminders



A HEALTHY LUNCH

This term we will be working closely with our partners at PhunkyFoods to showcase their Healthy Lunch message to the children. This message highlights the importance of choosing a healthy, well balanced school lunch; whether that's a hot school meal or a packed lunch brought in from home.

Good nutrition in childhood can help to prevent a variety of health problems, both in the short term and later in life. There is increasing concern that many children are consuming too much fat, sugar and salt and too little fibre, fruit and vegetables. School lunches can contribute to almost a third of a child's weekly food intake and therefore they need to be balanced and nutritious to make a positive contribution to a child's health. A healthier lunch will also encourage children to be calmer and more on-task and focused during the afternoon at school.

We will be doing some work in school with the children around healthy eating and 4 children in Year 5 are now PhunkyFood Ambassadors. These children are: Niall, Sophie, Jace and Maya.

Next week Harriet and the PhunkyFood Ambassadors will be leading an assembly with a focus on a healthy lunchbox. After the next Governors meeting a healthy food school policy will be shared with all parents. We are also planning a parent workshop.

You can find out more about the PhunkyFoods Healthy Lunch message, as well as their other healthy eating messages, at <https://www.phunkyfoods.co.uk/parent/a-healthy-lunch-parents-information/>

Please do take the time to look at the website as the information is there to help you to support your child at home.

For healthy packed lunch ideas and recipes you can also visit:

https://www.phunkyfoods.co.uk/recipes/?fwp_courses=packed-lunches
<https://www.nhs.uk/change4life/recipes/healthier-lunchboxes>



**3 Month
Calendar**

JANUARY

FEBRUARY

MARCH

**WEEK
01**

**WEEK
02**

**WEEK
03**

**WEEK
04**

**WEEK
05**

Tuesday 16th January
**KS2 Parent Reading
Workshop** 3,30 pm

Thursday 18th – Theme
lunch

Wednesday 24th – KS1
Trip to the Beacon

Year 5/6 Bikeability

WB 12th February
HALF TERM

WB: Monday 26th –
Scholastic Book Fair

Thursday 7th March
World Book Day &
Themed lunch

WB 11th March Year
3 / 4 Swimming

WB 18th March Year 3 /
4 Swimming.

Cumbria Fortnight

Cumbria Fortnight

Tuesday 26th March
Jubilee Club Matilda
Performance in school.

Open Afternoon School
finish 1.15 pm